

**LUNCH****Monday 21.10.2019**

Soup	Pea
Meat	Pork steaks with onion and vegetable rice
Fish	Grilled mackerel with potatoes and boiled carrots
Vegetarian	
Dessert	Fruit   Sweet   yogurt

**Tuesday 22.10..2019**

Soup	Beans and vegetables
Meat	Roasted turkey leg and potatoes
Fish	Cod lasagne with spinach
Vegetarian	
Dessert	Fruit   Sweet   yogurt

**Wednesday 23.10.2019**

Soup	Green beans
Meat	Spaghetti Bolognese
Fish	Hake with potatoes and sautéed vegetables
Vegetarian	
Dessert	Fruit   Sweet   yogurt

**Thursday 24.10.2019**

Soup	Leek
Meat	Chicken in the oven with lemon, spaghetti and sautéed green beans
Fish	Squid stew with mashed potatoes
Vegetarian	
Dessert	Fruit   Sweet   yogurt

**Friday 25.10.2019**

Soup	Watercress
Meat	Veal steaks with mushrooms and white rice
Fish	Flounder with roasted potatoes
Vegetarian	
Dessert	Fruit   Sweet   yogurt

**DINNER****Monday 21.10.2019****Tuesday 22.10.2019****Wednesday 23.10.2019****Thursday 24.10.2019****Friday 25.10.2019**

**LUNCH****Monday 28.10.2019**

Soup	<b>Vegetable</b>
Meat	<b>Veal with pasta</b>
Fish	<b>Stewed squid with potatoes, carrots and peas</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Tuesday 29.10.2019**

Soup	<b>Cabbage</b>
Meat	<b>Rice with pork, sausage and chicken</b>
Fish	<b>Perch with baked potatoes</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Wednesday 30.10.2019**

Soup	<b>Courgette and green beans</b>
Meat	<b>Grilled pork chops and rice with vegetables</b>
Fish	<b>Fish pie</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Thursday 31.10.2019**

Soup	<b>Spinach</b>
Meat	<b>Stewed chicken with onion, rosemary, lemon and boiled potatoes</b>
Fish	<b>Breaded fillets and rice with peas</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Friday 01.11.2019****DINNER****Monday 28.10.2019****Tuesday 29.10.2019****Wednesday 30.10..2019****Thursday 31.10..2019****Friday 01.11.2019**

**LUNCH****Monday 04.11.2019**

Soup	<b>Vegetable</b>
Meat	<b>Stewed pork leg with mashed potatoes</b>
Fish	<b>Fried marmots with black-eyed beans</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Tuesday 05.11.2019**

Soup	<b>Watercress with carrots</b>
Meat	<b>Turkey stroganoff with fusilli</b>
Fish	<b>Stuffed squid with boiled potatoes</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Wednesday 06.11.2019**

Soup	<b>Fish</b>
Meat	<b>Veal pie</b>
Fish	<b>Tuna with Russian salad</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Thursday 10.11.2019**

Soup	<b>Chickpea with cabbage</b>
Meat	<b>Pork steak with rice</b>
Fish	<b>Codfish with onion and eggs</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**Friday 11.11.2019**

Soup	<b>Green bean</b>
Meat	<b>Chicken with chestnuts and saffron rice</b>
Fish	<b>Fish and spinach tortilla</b>
Vegetarian	
Dessert	<b>Fruit   Sweet   yogurt</b>

**DINNER****Monday 04.11.2019****Tuesday 05.11.2019****Wednesday 09.11.2019****Thursday 10.11.2019****Friday 11.11.2019**

## LUNCH

Monday 14.11.2019

Soup	Beans with cabbage
Meat	Beef Lasagne
Fish	Fried ray with rice and tomato
Vegetarian	
Dessert	Fruit   Sweet   yogurt

Tuesday 15.11.2019

Soup	Courgette with green beans
Meat	Turkey leg with herbs and pasta
Fish	Cod with potatoes, chickpea and parsley
Vegetarian	
Dessert	Fruit   Sweet   yogurt

Wednesday 16.11.2019

Soup	Wild radish
Meat	Pork kebabs with spaghetti
Fish	Mixed fish stew
Vegetarian	
Dessert	Fruit   Sweet   yogurt

Thursday 17.11.2019

Soup	Spinach
Meat	Veal steaks with mustard, mushrooms and mashed potatoes
Fish	Gratin flounder and rice with peas
Vegetarian	
Dessert	Fruit   Sweet   yogurt

Friday 18.11.2019

Soup	Cabbage
Meat	Stewed chicken and rice with cabbage
Fish	Hake in the oven with bacon and baked potato
Vegetarian	
Dessert	Fruit   Sweet   yogurt

## DINNER

Monday 14.11.2019

Tuesday 15.11.2019

Wednesday 16.11.2019

Thursday 17.11.2019

Friday 18.11.2019